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**Circular: 2020HOC0200AD**

**Date: 31 March 2020**

**To: ALL MEMBERS**

Dear Brother / Sister

**OFFICIAL HEALTH ADVICE FOR THE PUBLIC ISSUED BY PUBLIC HEALTH ENGLAND – 30 MARCH 2020**

Public Health England (PHE) published updated guidance **for the public** on 30 March 2020. In the main there hasn't been significant change, however some of the guidance is more defined. Members may wish to review the guidance to ensure that you are aware of the current advice. This circular does not replicate or paraphrase the guidance but draws members' attention to the fact that it has been issued. This circular provides information on how to access all advice targeted at the public by PHE including the update advice issued on 30 March and the continuing advice issued prior to that date.

Whilst the approaches by governments to certain aspects of how they are responding to Covid-19 varies slightly, the advice provided to the public differs in style rather than content.

The parent page for the PHE guidance for the public can be found here:

<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance#guidance-for-the-public>

That page contains links to a suite of more specific guidance on the following matters which members may wish to review:

COVID-19: guidance for households with possible coronavirus infection

24 March 2020

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

COVID-19 guidance for mass gatherings

16 March 2020

<https://www.gov.uk/guidance/covid-19-guidance-for-mass-gatherings>

COVID-19: guidance for the public on mental health and wellbeing

29 March 2020

<https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing>

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COVID-19: guidance on shielding and protecting people defined on medical grounds as extremely vulnerable

30 March 2020

<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>

COVID-19: guidance on social distancing and for vulnerable people

30 March 2020

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>

COVID-19: guidance on supporting children and young people's mental health and wellbeing

30 March 2020

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing>

This circular is for information only and we hope that it has been useful to members.

Best wishes.

Yours fraternally

A handwritten signature in black ink, appearing to read 'Andy Dark', with a stylized flourish at the end.

**ANDY DARK**  
**Assistant General Secretary**

AD/jh